

Dear Parent,

Attached is a practice schedule for August and early September. This letter will be unusual in that almost everything from now on will be on the website coachbev.net

My wife and I have been impressed with the “Cajun culture” – hard working parents and football players, strong faith, and a PROUD VC devotion to the school. Our summer program has been a huge success. From the 9 – 12 grades to the little kids’ camps, these young people have been diligent and have persevered with enthusiasm despite high temperatures and a demanding coach – ME! The character lessons for each day have been fruitful and meaningful. Make sure to ask your player how many “character words” are sprinkled throughout this letter.

We have made a big deal about everyone getting A.S. O. ankle braces. Why? Cost-saving – no more costly tape; maximize practice time – last year it took 15 – 20 minutes to tape everyone; most importantly, many college trainers say A.S.O. ankle braces are better than tape and help to slow down ankle injuries which were so troublesome last year.

Our coaching staff is comprised of strong men of faith who love to teach and coach. Empathy and fairness are cornerstones of our coaching styles. However, it is not to be assumed that we are nice. We are good guys who will demand respect, sportsmanship and discipline. Humility with strong school pride is one of many goals that we are striving for with our VC program. We want to honor Jesus, our school, our community with a student-first, athlete-second mentality.

Several of the parents have asked “what can we do to help?” Well, here is your chance.

- 1) Donate a case of water each week. Hydration is huge and important for health in this heat. Cold, cold, and more cold water is the single best thing that your player can drink, period! We have one refrigerator. We need 1 or 2 more so players can constantly hydrate without worry.
- 2) Contact Steve Trahan for a work party to “dress up our athletic complex,” cleaning, painting, etc.
- 3) Provide one of the two or more vacuum cleaners we need to help with cleanliness.
- 4) Volunteer to organize our pasta feeds on Wednesdays during game season.
- 5) Be one of the volunteers we need to drive our trailer filled with gear for away games.
- 6) Supply some of the many popsicles we go through. We hand them out every Thursday during the summer and football season. They celebrate a hard week of school and athletic work.
- 7) Provide or contribute to the five semi-professional signs we need to motivate and inspire our athletes everyday to be honest, courageous, understand setback/comeback, and accountability.

Finally, we as a coaching staff really want you to come and watch your player at practice. Get a couple of lawn chairs with a cooler of cold drinks, etc. and observe your player as he competes to “Be the Best You Can Be.” Life is short – enjoy and maximize this time with your teen.

Yours in Christ,

JCB

J.Craig Beverlin